



SUBSTITUTE LIST

FEBRUARY

MONDAY 2/12 10:00AM

WATER FITNESS - KTISTY

TUESDAY 2/13 9:45 AM

STRENGTH & STRETCH - LISA

WEDNESDAY 2/14 5:45 AM
WEDNESDAY 2/14 8:30 AM

CYCLING - DOLORES
BARRE SCULPT - LISA

THURSDAY 2/15 9:45 AM
THURSDAY 2/15 4:00 PM

STRENGTH & STRETCH - LISA
GENTLE YOGA - MAKIKO

FRIDAY 2/16 8:30 AM

BARRE SCULPT - ANN