

LESSON RATES

Parent/Tot



Ages 2 to 3 years. Maximum 10 per class, 30-minute class, 2 weeks.

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| <u>Price per Parent/Tot:</u> | <u>Session Two:</u> |
| Member: \$135.00 | Member: \$122.00 |
| Non-Member: \$175.00 | Non-Member: \$158.00 |

Small Group

Starfish; Jellyfish. Two students/class, 30-minute class, 2 weeks (ages 3 to 4 years).

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| <u>Price per person:</u> | <u>Session Two:</u> |
| Member: \$165.00 | Member: \$149.00 |
| Non-Member: \$205.00 | Non-Member: \$185.00 |

Large Group



Seals; Sea Otters; Dolphins; Marlins; Sharks; Ages 4 to 14 years. Maximum of five students/class, 30-minute class, 2 weeks.

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| <u>Price per person:</u> | <u>Session Two:</u> |
| Member: \$140.00 | Member: \$127.00 |
| Non-Member: \$185.00 | Non-Member: \$167.00 |

Private

One student per instructor (ages 3 years and above).

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| <u>Price per person:</u> |
| Member: \$40.00 1/2 hour, \$380.00 series of ten |
| Non-Member: \$60.00 1/2 hour, \$580.00 series of ten |

Semi-Private



Two students per instructor (ages 6 years and above). (You must find your own Partner)

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| <u>Price per person:</u> |
| Member: \$30.00 1/2 hour, \$280.00 series of ten |
| Non-Member: \$45.00 1/2 hour, \$430.00 series of ten |

PAYMENT & REFUND POLICY

Payment due in person at time of registration.

NO REFUNDS will be given unless cancellation is made 7 days prior to the beginning of the session.

SESSIONS

Session 1 Monday, June 12 to Friday, June 23



Session 2* Monday June 26 to Friday, July 7

Session 3 Tuesday, July 10 to Friday, July 21

Session 4 Monday, July 24 to Friday, August 4

Session 5 Monday, August 7 to Friday, August 18



*Session 2 is pro-rated, no class July 4th.

SWIM DIRECTOR

Karen Szabo



If you want your children to learn how to swim, then Karen is the person to see. She holds a B.A. in Recreation Administration with a minor in Tourism and holds an A.S. in Fire Science. Karen also teaches CPR and Lifeguarding classes. In addition to being in charge of our summer swimming program, Karen manages our seasonal lifeguard staff.

Along with her many talents, Karen brings her enthusiasm to our swim program. "I believe LGSRC offers a unique environment for swim lessons. Enthusiastic and knowledgeable instructors teach all of our lessons," she says.

SWIM INSTRUCTORS



Our Swim Lesson Program is composed of a wonderful team of talented instructors. The instructors work hard at providing the skills that your child will need to become a safe and competent swimmer. We look forward to seeing you at the pool!



2017

SUMMER SWIM LESSON PROGRAM



Los Gatos Swim & Racquet Club
14700 Oka Road
Los Gatos, CA 95032
Front Desk (408) 356-2136

SUMMER SWIM LESSONS

2017 SWIM LESSON PROGRAM

EXTENSIVE GROUP LESSONS & PRIVATE LESSONS



We offer a wonderful “Learn to Swim Program” for all ages, emphasizing the adaptation to a new environment with the goal of making the transition from “non-swimmer” to “swimmer” comfortable and enjoyable.

All of our lessons are taught by gentle, qualified instructors in our heated pool. We have a full-range of group and private lessons available for all ages and abilities. Adult and extended level lessons are also available upon request.

GROUP LESSONS

Group Lessons are taught in two-week sessions consisting of ten half-hour lessons. Children are placed in groups of no more than five according to age and ability level. Group lessons are offered from 10:00 am - 6:00 pm. Children must be a minimum of three years of age to participate.

PRIVATE & SEMI-PRIVATE

Private Lessons (one student per instructor) and Semi-Private Lessons (two students per instructor) are offered every half hour from 10:00 am - 6:00 pm. These may be scheduled in any combination of days and times, Monday through Friday. Both participants must be present to hold semi-private lessons.

Learn new skills! Have fun in the sun!
Join us for an exciting summer
of swimming!

CLASS DESCRIPTIONS

PARENT/TOT

Parent tot class for ages 2 to 3 years. We emphasize the child’s comfortable adaptation to the pool environment. Focus on helping parents with getting the young swimmer kicking, using arm movements, going under water and climbing out of the pool. Class is 30 minutes and is offered at 6:00 pm.

SMALL GROUPS (2 Students/Class)

STARFISH

This pre-beginner class, for ages 3 to 4 years, will enable children who have had little water experience to become accustomed to a new environment. Skills to be learned are putting face in water, pushing off from the side, floating, and kicking with bubbles. Survival skills are also introduced.

JELLYFISH

This level is for children ages 3 to 4 years who may already feel comfortable in the water. Skills to be learned include rhythmic breathing, floating on both front and back, survival skills, and introduction of arm strokes.

LARGE GROUPS (Min 3, Max 5/Class)

SEALS

This class is for swimmers 4 to 5 years of age. In this level, they will learn rhythmic breathing, pushing off from the side and bottom, floating on both front and back, turning over, deep water work, arm strokes, and survival skills.

SEA OTTERS

This class is for swimmers who are 5 to 7 years. Skills to be learned are rhythmic breathing, arm strokes with side breathing, backstroke, breaststroke, deep water work, and survival skills.

DOLPHINS

This class is for children ages 7 to 8 years. Skills to be learned include rhythmic breathing, freestyle with side breathing, treading water, basic diving, backstroke, breaststroke, elementary backstroke for extended distances, as well as survival skills.

MARLINS

In this level, children ages 9 to 11 years will focus on stroke refinement in breaststroke, sidestroke, elementary backstroke, and racing backstroke. Butterfly kick is introduced, as well as flip turns and racing dives. Survival skills are also practiced.

SHARKS

This class is designed for swimmers ages 10 to 12 years. Participants will work on technique and endurance in all five strokes. Advanced survival skills are also practiced.

SWIM LESSON POLICIES



There are no make-ups for missed lessons.



All sign ups for swim lessons must be made in person. We do not accept telephone registration.



The “Swim Registration Form” must be signed and completed by a parent or guardian and payment must be received to register.



Your child must be on your Club membership in order to receive the member rate.



Pre-season and post-season lessons are offered based on instructor availability.



NO lessons will be held on Tuesday, July 4th. Second session is pro-rated.



Non-member swimmers may use the Club’s pool during their lesson time only. Families of non-member swim lesson participants are not allowed to use the Club’s recreational facilities.

REGISTRATION

You may register for the Summer Swim Lesson Program at the Los Gatos Swim & Racquet Club Front Desk. Payment is due in person at the time of registration.



Registration opens March 2017