

LOS GATOS SWIM & RACQUET CLUB

GROUP EX SUBS FOR
NOVEMBER 20TH - NOVEMBER 30TH

Tuesday 11/21

9:45am Cardio Strength Training - Lisa

6:45pm Zumba - Chelsea

Wednesday 11/22 (modified holiday schedule)

5:30am Masters Swim - Troy

5:30am Group Cycle - Dolores

8:30am Zumba - Kate

9:30am Barre - Deborah

9:30am Aqua Combo - Marlene

11am Vinyasa Yoga - Linda

Thursday 11/23 - Thanksgiving - Club Closed

Friday 11/24 (modified holiday schedule)

7am Masters Swim (90 minutes) - Troy

7am Group Cycle - Dolores

8:15am Cardio Sculpt - Dolores

9:30am Aqua Combo - Debora

11:30am Vinyasa Yoga - Lauren

Saturday 11/25

9:30am Aqua Combo - Kathleen

11:30am Zumba - Lupe

Monday 11/27

9:30 Mat Pilates - Lisa