

LOS GATOS SWIM & RACQUET CLUB

GROUP EX SUBS FOR
OCTOBER 16TH - OCTOBER 22ND

Wednesday 10/18

8:30am PILOXING - Deborah R.

5:30pm Cardio Sculpt - Ley

6:45pm Vinyasa Yoga - Sine

8pm Zumba - Ley

Friday 10/20

8:30am Zumba - Catherine

5:45pm Zumba - Chelsea

Saturday 10/21

8:15am Body Sculpt - Lauren

***9:30am Aqua Combo - no instructor**

11:30am Zumba - Chelsea

Sunday 10/22

4pm Restorative/Yin Yoga - Elena

